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DEDICATION OF THE 1975-76 STATE CHAMPIONSHIP BOOKLET

To the Bedford Wrestling Community:

After much consternation and consideration, I felt that it would be impossible to dedicate this booklet to any one group. There have been so many people involved in the success of this program and this year, that it would be very, very difficult for me to single out one person or one group. Instead we must acknowledge our entire Bedford Wrestling Community. I don't believe that anyone, anywhere can be as thankful to God for what He has done for us here in this community as we can. By we, I mean our entire coaching staff. There is no greater place, no g greater school, no greater community and no greater people involved in wrestling in the whole nation than right here in Bedford Township. Coach Swan, Coach Long, Coach Bankowski. Coach Hubbard, Coach McHenry and myself have got to be very, very grateful to God just for the opportunity to be here in this tremendous, tremendous, community. There were so many factors involved in winning the STATE CHAMPIONSHIP this year that it would be inadaquate and inappropriate of me to try to enumerate each and every individual. The following is a listing of the various groups that played an important role in our success and they are not listed in order of importance. This is just a small, small way of thanking all of you for your help and support - besides winning the State Championship for you:

٦. Our Athletic Department and Athletic Director Our Administration and Board of Education 2. Our Citizens in Bedford Township Our Athletic Boosters Club 3. 4. 5. Our Wrestling Alumni 6, Our Student body 7. Our Cheerleaders Our Newspapers - Monroe, Courier, Journal, Blade, Pride Our Photographers - Gregg, Doug, Mr. Richard Luttrell 8. 9. 10. Our Faculty and Staff 11. Our Kid Program and Coaches 12. Our Junior High Program and Coaches 13. Our Girls (Grapplerettes) 14. Our Mothers 15. Our Wives 16. AND MOST OF ALL OUR 1975-76 STATE CHAMPIONSHIP WRESTLERS

## SQUAD ROSTER

Boudreau, Mark

### SENIORS

## JUNIORS

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Dunnigan, John
Emptage, Chip
Fry, Dave
**Joseph, Charles
Labadie, Jim
*Luttrell, Rod
Overman, Ted
Potter, Lex
Poulson, Les
Rank, Guy
**Salisbury, Bill
Snyder, Bob
Stanley, Kelley
Venia, Mike
*Wiederhold, Tony

## SOPHMORES

Betley, Ken Boraggina, Jim \*Cousino, Kerry \*Doyle, Mike Fisher, Steve Folk, Jeff Gamby, Jeff Hoffman, Mark \*Huskins, Ron \*Joseph, Richard Klock, Steve Lawn, Eric Leffler, Tim Lutman, Scott Quigley, Bob Smith, Greg Stevens, Doug Webster, Rick Whitenburg, Kevin

## COACHES

## SR. HIGH

Head Coach.....Bill Regnier Assistant Varsity Coach.....Tom Swan Junior Varsity Coach.....Bob Long

## JR. HIGH

9th Grade Head Coach.....Edd Bankowski Assistants....Dennis Hubbard Earl McHenry Manager....Jim Fuller - Soph.

\* Indicates letter winners and number of years letter won.

## BEDFORD TEAM RECORD

## Ďual Meets 13-1-0

League Record 5-0-0			League R 47-1-0 8	ecord years
Bedford	31	VS.	Springfield	22
Bedford	45	VS.	Monroe	/
Bedford	29	VS.	Adrian	25
Bedford	47	V S .	Walled Lake West	ern 10
Bedford	23	VS.	Wayne	30
Bedford	59	VS.	Fostoria	2
100th Bedford	63	VS.	Port Clinton	<b>3VICTORY</b>
Bedford	51	VS.	St. Francis	3
Bedford	65	vs.	Bowling Green	3
Bedford	43	V S .	Clay	8
Bedford	32	VS.	Adrian	22
Bedford	45	VS.	Trenton	12
Bedford	57	VS.	Sylvania	3
Bedford	33	VS.	Whitmer	27
TOTAL POINTS	623			177

## TEAM TOURNAMENT RECORD

10-0-0 (Best Tournament Record ever)

*Bedford Invitational	1980	Champions	-	154½ pts. 10 teams
*Battlecreek Invitational	-	Champions	-	148½ pts. 8 teams
Lansing Invitational	uan	Champions	-	107 pts. 17 teams
Rogers Invitational		Champions	-	122 pts. 9 teams
Ann Arbor Huron Invitational	-	Champions	800	119½ pts. 8 teams
Detroit CC Invitational		Champions	-	106 pts. 16 teams
*GLL Championships	<b>an</b>			184 pts. 6 teams
*Districts	**	Champions		67½ pts. 20 teams
*Regionals	caire	Champions	-	82 pts. 40 teams
				(represented)
*States	-	CHAMPIONS	•••	65 pts. 160 teams
				(represented)

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\*Record number of points scored in that tournament

### RESUME 1975-1976

<u>BEDFORD INVITATIONAL</u> - In the 7th Annual Bedford Invitational, the Mighty Mules sprinted out to an early lead and were never threatened thereafter. Eleven out of the 12 Bedford Wrestlers in the tournament placed for the Mules and Steve Klock the 12th wrestler put up a valiant effort weighing only 100 pounds and wrestling at 105. Tom Joseph walked away with all the hardware, a first place medal, The Hustler Award (3 pins in 5 min. & 16 sec.), and the Outstanding Wrestler Award (voted on by the coaches). Scott Striggow and Craig Rank also came up with a championship. Scott pinned all three of his opponents and Craig got to the finals by way of a Major and Superior decision. Our other place winners and their places were Bruce Heasley (2nd), Fred Alcock (2nd), Richard Joseph (2nd), Rod Luttrell (2nd), Chuck Joseph (2nd), Tony Weiderhold (3rd), Bill Salisbury (3rd), and Mike Doyle (4th). Bedford has won the Invitational 6 out of 7 years and has won it the last 4 years. We had a good start Mules, but there sure is a lot of room for improvement.

<u>SPRINGFIELD</u> - Whew! What an exciting match for Mule and Blue Devil fans alike. The Kings of the GLL (Bedford) and Kings of the NLL (Springfield) met and it was a battle of true champions. Neither side giving in, and both hustling and fighting for the win. The Mules never led throughout the entire match until an outstanding effort by Paul Stokes brought us even up. Then Bill Salisbury put us out front and Bruce Heasley slammed the door shut with a pin in 3 minutes. Other winners were Kerry Cousino at 105, with a major decision, Lex Potter at 119, Scott Striggow at 138, Tom Joseph at 155, with a 38 second pin, then our final three staged the Mule comeback. We stuck to it Mules, nice work! Let's keep hustling.

BATTLECREEK - Ripping into its second tournament and breaking another scoring record, the Mighty Mules Wrestling Team came away a winner again this week-end. Scoring 148½ pts., the next closest team was Muskegon with 97½ pts. The Mules put 8 wrestlers in the finals and came up with 4 Champions. Three under classmen looked tough in winning their Championships. They were Chuck Joseph, Rod Luttrell and Bill Salisbury. Along with these wrestlers was our lone senior and undefeated wrestler Tom Joseph, who was also voted as outstanding wrestler of the meet by the coaches. Craig Rank came up with a sprained ankle and finished 4th. We hope that he is not out long with the sprain. Other place winners are Kerry Cousino(2nd -lost 0.T - referee's decision in finals), Richard Joseph (2nd), Scott Striggow(2nd), Bruce Heasley (2nd) and Mike Doyle(3rd). Ten out of our 12 wrestlers placed and all 12 wrestlers scored points for the Mules. Congratulatios Mules, let's keep it going! <u>MONROE</u> - Marching in against a young Monroe squad, the Mules moved their people up weights and lost but two matches. Pinners for the Mules were Mike Doyle, Scott Striggow, Tom Joseph, and Bruce Heasley. Chuch Joseph had a superior decision, and Steve Klock got a major decision. Other wins were scored by Tony Weiderhold, Rod Luttrell, Fred Alcock and Bill Salisbury. Good job Mules.

LANSING EASTERN INVITATIONAL - With sheer team balance, the Mighty Mules Wrestling team marched into and thru the strong Lansing Invitational. Last year's defending champion and Class B State Champions Mount Pleasant finished second behind a strong Mule team. Lansing Eastern and Flint Northern also put in a strong bid for 1st place. The 1st round set the tone of the whole tournament, as the Mules picked up  $39\frac{1}{2}$  pts. to  $29\frac{1}{2}$  pts. for Mount Pleasant. This was a lead that they never relinquished. Our Mules set a record by being the first team ever to have all 12 wrestlers win in the first round of any tournament. In that first round, the Mules had 7 pins, 1 superior decision, and 1 major decision. After that, we stayed pretty even with the rest of the field. Tom Joseph and Bruce Heasley came up with two excellent efforts to win a championship. Bruce got a pin in the finals and Tom had a tight match 4 to 3 to get his victory. Rod Luttrell put together an excellent tourney and placed a strong 2nd to a defending State Champion. Scott Striggow was Bedford's other place winner. He secured a 4th place with some excellent wrestling. Our other wrestlers were Mike Doyle (2 pins), Kerry Cousino (1 pin), Tony Weiderhold (2 pins), Chuch Joseph (1 win), Jamie Simmons(1 pin) Fred Alcock (2 pins), Paul Stokes (1 pin) and Ron Huskins(2 pins) This was an excellent tournament for our Mules. Great Job Bedford!!

TRIPLE DUAL -Just as at Lansing, we had a good day, the opposite happened on Tuesday. We had a bad day of wrestling. Here is the way the day went:

<u>ADRIAN</u> - The Mules had to have a long comeback drive by our last four weights. Tom Joseph got us rolling with an 18 to 5 victory then Paul Stokes did it again and pulled us to within 2, Bill Salisbury came up with a big tie and Bruce Heasley put the match away for us with a pin. Up to that point, Chuch Joseph, Rod Luttrell, and Scott Striggow kept us in contention. It was great comeback, but the Mules did not need to be that far down. We have to get better! WALLED LAKE WESTERN - This team was not very competitive, so the Mules had to go with a few subs. Steve Klock did a good job by hustling to a superior decision, Lex Potter came thru with another win, Jamie Simmons fought off a comeback by his opponent, and Bob Snyder ripped off a 12-0 superior decision, the rest of the Mules that won were: Rod Luttrell-forfeit, Scott Striggowpin, Fred Alcock-forfeit, Paul Stokes-won 5-4, Bill Salisburywon by default, and Bruce Heasley wrestled one of their toughest and a Regional Qualifier last year and defeated him 6 to 3. Good Job Mules!

<u>WAYNE</u> - The Wayne Zebras put it to the Mules 30 to 23. It was not a bad comeback by the Mules, considering they were down 14-O after the first three weight classes. Chuck Joseph then tied Rod Luttrell hustled to a 5-2 victory then Scott Striggow decked their undefeated 138 pounder. Tom Joseph, Bill Salisbury and Bruce Heasley made the score respectable. Bob Snyder had a good effort in a losing cause. Hope the Mules learned from this experience. We have a long way to go Bedford. Let's do it!!

<u>ROGERS TOURNAMENT</u> - Walking in with only one top seed, the Mighty Mules drove thru a very good and strong Rogers Tournament Scoring 122 pts., the Mules outdistanced second place Fremont Ross who scored  $87\frac{1}{2}$  pts. The Mules forced 7 wrestlers into the finals and four of them came out a champion. Rod Luttrell put together another fine tourney, Tom Joseph had revenge on a loss from last year in the states, Bill Salisbury had his finest tournament this year, and Bruce Heasley had another good performance with 2 pins and a major decision in the finals. Chuck Joseph, Scott Striggow, and Craig Rank finished 2nd. Lex Potter did a good job for his first shot at 112, he placed 3rd, and Mike Doyle put in a 4th place finish. Fred Alcock separated some muscles in his shoulder the day before the meet, and will be out for another 3 to 4 weeks. Hope he'll be back soon. Let's keep the hustle going Mules!! It was good to see Craig back in the line-up at Rogers. He sure is an asset back with us.

FOSTORIA - A young but scrappy Fostoria squad invaded Mule territory and came out with an important lesson in wrestling. You gotta be ready to go all the time, especially in Mule territory. The Mules hit Fostoria for a 59 to 2 win. The only Fostoria score coming at 167 where Craig Rank had to come from behind for a 6 to 6 deadlock. Pinners for the Mules were Mike Doyle, Richard Joseph, Scott Striggow, Tom Joseph, and Bruce Heasley. Bill Salisbury won by forfiet, but wrestled in exhibition and pinned his opponent. Rod Luttrell came thru with a superior decision and Chuck Joseph added a major decision. New people in the lineup Kelley Stanley and Jim Labadie came up with good wins for the Mules. Kerry Cousino and Ron Huskins were other winners for the Mules. Good Job Wrestlers. ANN ARBOR HURON TOURNAMENT - With four Champions, three seconds, I third and I fourth, the Mules marched thru the Ann Arbor Tournament for the 5th year in a row. Chuck Joseph returned to meet Garner from Detroit and came out ahead this time. Rod Luttrell met Bracken of Belleville in the Finals again only turned the tables on him this time. Bruce Heasley did the same with his final match against Brouchert of WLW. Bruce had a tremendously domineering match of his opponent. Tom Joseph met Cummins of AAH again and pushed him around even more this time. What makes the Mules feel even better is we were not exceptionally impresive but we still scored 120 points over the 100 points scored by Detroit Catholic Central. Other place winners for the Mules were Richard Joseph (2nd), Scott Striggow (2nd), Bill Salisbury (2nd), Kerry Cousino (3rd), and Mike Doyle (4th). Got the tough one's to go yet Mules!! Let's suck it up and get ignited.

<u>PORT CLINTON</u> - The Mules have wrestled two GLL schools and have relinquished one tie and one loss. Pressing the Port Clinton Redskins to a 63 to 3 loss, Bedford's tremendous group of wrestlers delivered Coach Regnier his 100th dual meet win in 10 years. Coach Regnier would just like to say Thank You to all those past and present people who have been involved in the Bedford Wrestling program and he Thanks God for giving him the opportunity to be involved in a program like Bedford.

to be involved in a program like Bedford. Eight Mules pressed their opponents for pins they were: Mike Doyle (1:49), Kerry Cousino (5:31), Rodd Luttrell (3:27), Rich Joseph (1:57), Scott Striggow (1:04), Craig Rank (5:15), Bruce Heasley (5:37) and Ron Huskins (3:08). Tom Joseph picked up a forfiet, Chuck Joseph a major decision, Bill Salisbury a 3-0 decision, and Phil Whaley after kicking the referee in the head and knocking him out, got an 8-5 win. Nice Job Team - Thanks for 100.

<u>ST. FRANCIS</u> - The once proud Knights came rambling into "Mule Country" without a full line-up and without some of their best wrestlers. The Knights found out that when you come after Bedford, you come with your best or you get stung. And the Mules stung the Knights by a score of 51 to 3 for the worse shellacking St. Francis has had in its history. It will be a night long remembered by the Mules and Knights. I'm sure they'll be ready next year when the Mules come to Knight Country. Excellent matches were turned in by all our wrestlers. The results are in the Wrestler-of-the-Meet area. Special mention has to go to Richard Joseph who defeated Joe Torti the Knights lone senior who stuck out on the team and a very tough city league wrestler.

<u>BOWLING GREEN</u> - With 9 pins and 3 wins the Mighty Mules blitzed a young but aggressive Bobcat crew. Scoring 65 points and allowing only three against them, Bedford scored another impressive victory in the GLL. We have only had 8 points scored against us thus far in the GLL. Scoring pins for the Mules were Mike Doyle, Chuck Joseph, Rick Joseph, Scott Striggow, Mike Stockmaster, Craig Rank, Bob Snyder, Bruce Heasley and Ron Huskins. Tom Joseph scored a superior (16-0) while Kerry Cousino and Rod Luttrell scored 6-0 and 7-0 wins. Tony Weiderhold was our lone loss, but kept hustling thru the whole match only to lose 10-5.

<u>CLAY</u> - By the greatest margin in some years, the storming Mules went to the air and pulled down the high flying Eagles to the tune of 43-8. The Mules dominated almost all the matches and still driving their opponents even when they lost. Pinners were Mike Doyle, Scott Striggow, Tom Joseph, and Bruce Heasley. Winners were Kerry Cousino, Tony Wiederhold (a big match), Chuck Joseph, Rod Luttrell, Bill Salisbury and Ron Huskins. Richard Joseph got a tie. Craig Rank met his old friend Turnow and lost another 1 pointer 1 to 0.

DETROIT CC TOURNAMENT - What an excellent tournament this was. Tremendous wrestling was the keynote to all rounds of wrestling and a very exciting finish for the Mules. Tom Joseph and Craig Rank fought to give the Red and Gray their final margin of victory (1½pt.). We were leading the John Glenn Team thru the full tournament, then going into the finals, we were up by only two points. After two John Glenn wrestlers went at it, they went up on the Mules by 6 points. This set the stage for the Mule comeback. Scott Striggow lost an exciting, hustling match in the last 3 seconds. Then came Tom Joseph with his firemen's carry and excellent strength winning 12 to 3 to put within 2½ pts. of the leaders. On to the scene steps Craig Rank 4th seed against 3rd seed (he allready beat the lst seed) from none other than John Glenn. And in the head to head confrontation with the title on the line, Craig came thru with an excellent, well-fought 6-3 victory and a Title for the Mules. Bill Salisbury dropped an overtime Referee's decision following Craig's match and Bruce Heasley got pinned in the final seconds of his match. So it was tremendous for Craig and Bedford that he won. Chuck Joseph and Rod Luttrell placed fourth for the Mules.

Everyone who scored, scored important points and it was a tremendous team effort. We still have a lot of work to do!

<u>ADRIAN</u> - With a B Team against a B Team, the Mules still came out on top 32 to 22 over the Maples. Ron Huskins got the only Mule pin. However, Mark Boudreau won by default (he was leading 3-0) and Guy Rank won by forfeit. Kerry Cousino picked up a 2-0 verdict, Kevin Whittenburg won 4 to 3, Rick Joseph put together an 11-0 major decision, and Steve Klock and Jeff Folk pulled out a tie in their weights. It was close for the Mules and they needed every point they could get.

TRENTON - The Trenton Torjans didn't have enough for the Mighty Mules. Pumping up a score of 45 to 12, the Mules dealt the Trojans a fatal blow with 7 falls. The falls were recorded by Tim Leffler (105-3:49), Rod Luttrell (126-3:40), Mike Venia (132-3:32), Scott Striggow (138-5:07), Tom Joseph (155-5:58), Craig Rank (167-4:30), and Bruce Heasley (Hvy-1:57). Bill Salisbury came up with a very important win for Districts. He won 3 to 2 against a tough opponent. Good Job Wrestlers.

<u>SYLVANIA</u> - Bedford ended its league duals with a fine 57 to 3 performance over Sylvania in front of a large parents night crowd. This win puts the Mules at 47-1-0 in the league in the last 8 years. All that remains is the league tournament, and we will put 10 undefeated wrestlers into that meet. Doyle, Cousino, C. Joseph, Luttrell, R. Joseph, Striggow, T. Joseph, B. Salisbury, Heasley and Huskins are our leaders in that category. Kerry Cousino and Tony Weiderhold defeated two league place winners from last year. Chuck Joseph, Rod Luttrell, Tom Joseph, Craig Rank, Bruce Heasley and Ron Huskins secured falls for the Mules. Bill Salisbury belted his weak opponent for a 14 to 0 score and Rick Joseph won 8 to 0. Other winners were Mike Doyle and Mike Stockmaster. Jamie Simmons went up to 138 and lost 1 to 0 to the second place winner in the league at 132 last year. Good Job! Mules! - wrestle for the States.

WHITMER - Finishing up the year 13-1 in duals and with an exciting, crowd pleasing, 33 to 27 victory over Whitmer, the Mighty Mules of 1976 put themselves as one of the top teams in Bedford History. The Mules only won 7 matches but the margin was made by our 4 pins. Exciting matches were put in by: Mike Doyle who beat his opponent 8 to 6, Chuck Joseph who decked his opponent in 2:55, Rod Luttrell who pinned in the end at 5:14, Mike Stockmaster who shoved his opponent around to the tune of 12 to 0 and then pinned him in 5:37, Tom Joseph who made the match close at 3 to 2, Bill Salisbury who wrestled his good steady match, and Bruce Heasley who finally put the meet away with a fall in 1:26. It sure was a very exciting match for the crowd and we were happy that we could end the dual season with a win. Our seniors night ended up successful for our seniors and we would sure like to wish our seniors Good Luck in their future years and we pray for their success in this life. GOOD FORTUNE AND GOOD LUCK TO OUR SENIORS! HERE COMES THE GLL.

<u>GLL</u> - For the eighth year in a row, the Mighty Mules force marched their way through another GLL Tournament to the tune of 184 pts. (another record total of points). You would think that you could only set so many records but the Mules just keep pileing them up year in and year out. This year it was point number and 100% winners in the final matches. Both consolation finalist and regular finalists. We also came up with 2 - 3x GLL Champions, making it only three from Bedford since the league started. However, Bedford now has the most three time winners. Our Winners and Champions are:

 	i i c	. 1 3 unic	i onumprono urc.			
So.	-	98	Mike Doyle	Champ		2 pins - 4 to 3 in finals
So.	<b>676</b> )	105	Kerry Cousino	Champ	-	5 to 4 & 3 to 2 in finals
Jr.	-	119	Chuck Joseph	Champ	-	2x Champ - 14-1 in finals
Jr.	-	126	Rod Luttrell	Champ	-	l pin - 6-4 in finals
So.	-	132	Rich Joseph	Champ	-	2 pins - OT 3-2 in finals
Sr.	-	138	Scott Striggow	Champ	-	2x Champ-Forfeit in finals

Sr. - 145 Mike Stockmaster Champ-1 pin - 12-7 in finals 21 to 3 \*\*\*Sr. - 155 Tom Joseph Champ - 3x Champ - 2 pins - 16-9 in finals

Sr. - 167 Craig Rank 3rd. Jr. - 175 Bill Salisbury Champ - 2x Champ - 2-1 in finals \*\*\*Sr. - 185 Bruce Heasley Champ - 3x Champ - 3 pins Jr. - HWT Guy Rank 3rd.

For a couple other notes, Tom Joseph became the 2nd 3x GLL Champion from Bedford, and Bruce Heasley the 3rd. Bruce was voted as the outstanding wrestler of the Tournament by the coaches. This was Bruce's 2nd year of completely dominating the League at 185. He has pinned in every league match for the last 2 years. DISTRICTS ARE NEXT!!

DISTRICTS - With the conquering of the District field, the Mules Wrestling Team pushed another record into the record books. We went through our first season without a tournament loss on our records. The Districts became the 8th Tournament victory for the Mules this year. With the score tied at  $37\frac{1}{2}$  and  $37\frac{1}{2}$  against Adrian going into the final round, the Mules responded with a 6 pin finale and 8 qualifiers to the Regional Tournament at Walled Lake next week. Mules who scored pins were Chuck Joseph, Tom Joseph (:15), Craig Rank, Scott Striggow, Bill Salisbury, and Bruce Heasley (:15). Bruce and Tom both broke Craig's record in the pin category for this year. Both were a second under his time. Rod Luttrell and Mike Stockmaster were our other qualifiers . All of our qualifiers responded with strong 2nd round wins. Mike Doyle and Ron Huskins picked up first round pins for the Mules but both were eliminated in the next round. Tony Wiederhold lost in the first round and was eliminated. The Mules lost only 3 matches all day and recorded 12 pins out of 20 matches. Good Job Mules, two more to go!!

119	ŝ	Chuck Joseph2nd	seed	Jr.
126	-	Rod Luttrell3rd	seed	Jr.
132	-	Scott Striggowlst	seed	Sr.
138	(P10)	Mike Stockmaster6th	seed	Sr.
145		Tom Josephlst	seed	Sr.
155	~	Craig Ranklst	seed	Sr.
167	at wa	Bill Salisburylst	seed	Jr.
185	<b>a</b>	Bruce Heasleylst	seed	Sr.

<u>REGIONALS</u> - Just Wow!! What a great week-end for the Mules Wrestling Team. Seven went to the Regionals, and seven came back to qualify for the State Tournament. We had eight qualify for the Regionals, however, we lost Craig Rank during the week, due to a kidney ailment. We sure missed you Craig. I hope everything goes okay for you. It sure was a tight race in the whole tourament between Bedford and Jackson. The lead changed hands about five or six times until Scott Striggow put it to the Jackson 132 pounder. Then Tom Joseph, Bill Salisbury and Bruce Heasley put the contest far out of reach. Bedford won its first Regional Championship in the school's history. We also broke three more records: (1) Most Regional Champions, (2)Most points scored, (3) 1st 100% qualifying from regionals. This was the most excellent Regional Tournament the Mules have wrestled in. It can be seen by each of the Mules that qualified. Chuck Joseph won his 2nd match to qualify by getting a takedown with 10 seconds remaining. Then in his consolation finals match he kept us ahead of Jackson with an excellent 9-4 win. Rod Luttrells first match was his most important match, he defeated a good John Glenn wrestler, who had beaten him previously, 6 to 0. Then fought the eventual champion to a 4 to 2 loss, his closest match. Scott Striggow came up with a 5 sec. 4 to 3 victory in his semi-final match, then pinned the Jackson opponent in the finals. Mike Stockmaster lost the first round, hurt his elbow, then came back with two very exciting victories, one 10-0 in overtime (first seed from our districts) and one 6 to 1. Tom Joseph was his steady, strong self. He recorded a pin, 7-0 and 11 to 2 victories. Bill Salisbury will be the talk of the State Tournament if he repeats what he did this week. Bill had a lack-lustre first match, but in his next two matches he put away two undefeated wrestlers. He pinned one and beat the other (40-0) opponent 10 to 1 in the finals. What an outstanding job. Bruce Heasley felt a little sick, which he was but came thru with 3 victories. All three were toughies and Bruce had to win his semi final match with a 17 second escape and TD to the tune of 4 to 3. Excellent, Excellent wrestling Bedford!!!

<u>STATES</u> - Thank you Lord!!! If we thought last week-end was something, then this week-end was something else. The Mules Wrestling Team is actually No. 1 in the whole State of Michigan. What a tremendous, tremendous group of young men. What tremendous, tremendous community support we had there. What tremendous, tremendous effort and pride was shown by our 7 young men through the whole weekend. Battling over sickness and losing matches our Mules fought to bring back the first team STATE CHAMPIONSHIP in the history of Bedford High School and in the history of Monroe County. Our Mules wanted the Bedford Wrestling Community to be No. 1 because they were all-ready No. 1 in their hearts.

Now we would like to tell you a little bit about each wrestler that was there that made all of this possible. They also told their coaching staff that without the tremendous help of our other wrestlers, we would not have been State Champions. Thanks Fred, Phil, Paul`, Dan, Jamie, Richard, Dan Ditty, Paul Joseph and all of those who worked out with us those last two weeks to make us better.

<u>CHUCK JOSEPH</u> - 119 - Won 2 lost 2 - Chuck wrestled the eventual 2nd place winner in his first match and gave him all he could handle. Chuck lost 8 to 6 with a last seconds reversal and tilt against him. But in that same day (Friday) he came back to win a 9 to 6 verdict with two near falls in the final period. Down 6 to 2 with two minutes remaining Chuck put his opponent down for a 2 and 3 point Near Fall. Following that he came on with an excellent 4 to 0 score over a good wrestler from Lansing Eastern. However, in his next match he fell short of placing by losing 4 to 0. It was a good shot for this junior, we hope that he is looking forward to returning next year.

ROD LUTTRELL - 126 - Won 4 lost 2 placed 5th - Rod was one of two of our wrestlers who wrestled six tough, tough matches over the week-end. He started out his first match with the eventual State Champion who was undefeated in his last 66 Rod was the only wrestler to go through the first matches. period with this opponent without being taken down. Rod lost 3 to 2. However, he put his mind on coming back and come back he did against strong competition. In his first match coming back, he destroyed his opponent 5 to 0, that same night he eeked out a 1 to 0 verdict which kept his hopes alive for placing. Saturday morning Rod won with a second takedown and near fall for a score of 5 to 1. This assured him of a place. Then he had to wrestle Pulley to make it back in for 3rd and 4th. However Pulley handed Rod his second setback with a score of 7 to 3. So Rod had to battle for 5th and 6th place against his Adrian opponent who had defeated him last week. But Rod reversed the outcome this time and won by a strong 7 to 3 score to place 5th. That was a great job by this young man who improved as each match and each day progressed. We are looking forward to Rod's return.

<u>BILL SALISBURY</u> - 167 - Won 3 lost 2 - <u>placed 5th</u> - Bill started the tournament out with a bang on Friday by decking his first opponent in 2 minutes and 25 seconds. And then put himself into the semi finals with 10 to 2 major decision. But as good as Friday went, that's how bad he went on Saturday morning. Losing in his first match in overtime on a referees decision to his opponent from Ypsilanti who had beaten Bill in the same manner in the finals of the Detroit Tournament, Bill fought hard but fell short in his bid to get to the finals. Then Bill lost coming back for 3rd and 4th as a 3rd period rally fell short by 2 points. Down 5-1, Bill started coming back by taking his opponent down and letting him up but time ran out. However, Bill did place 5th by defeating his opponent 7 to 1. This was a good year for Bill and he was only fractions from being a state champion. We hope that he prepares himself as Tom did so that he might obtain it. We look forward to his return next year.

<u>MIKE STOCKMASTER</u> - 138 - Won 1 lost 2 - Who's Mike Stockmaster? That's the kind of question that was asked us about this hustler. If anyone ever wants to see an example of what mental power can do for an individual, they can look to Mike Stockmaster. Mike has exhibited sheer courage and hustle in all his matches, and came from nowhere to a GLL Championship, district seed, Regional fourth and wrestling in the State Tournament. Mike lost his first match to the eventual 4th place winner 5 to 3 and lost his 4th match to the eventual 3rd place winner 8 to 2. However, in his last match, the score was only 3 to 2 until Mike threw a desperation move to win it but instead gave away 5 points. In between those two matches, Mike was quite sick and still won 2 to 0 at At the end of the match he immediately ran off the mat and vomited from being sick. Mike, great job. It turned out to be a great year for you. Thanks for your hustle and your inspiring wrestling. I know it made a difference to a lot of our wrestlers to know that perhaps they might be able to do what Mike Stockmaster did.

<u>SCOTT STRIGGOW</u> - 132 - won 4 lost 2 - placed 4th - Scott was our wrestler who wrestled 6 tough matches at the highly competitive state tournament. Scott also showed why he was elected by his team mates as a Co-Captain, this was by his leadership in coming back thru the consolation bracket. He won his first match rather handily by a score of 8 to 2. Then in his second match, Scott met the eventual runner-up and lost to him by a score of 5 to 3. Then he started his long road back to 4th place. He won his next match 7 to 4 and showed the way back for the underclassmen. Being behind 2-0 in his 4th match to an opponent that had beaten him way back in December, Scottie hit his faithful granby and worked it to a pin in 2 min. and 15 sec. In his match to get in for 3rd and 4th, Scott was down 2 to 0 and was getting pushed around the most until he again hit his trusty granby to put himself ahead 5 to 2 and eventually won 5 to 4. In his final match, Scott couldn't hit his granby and was caught once on his back very quickly and ended up 4th with a 2 to 0 loss. You had a marvelous year Scott. thank God for the help he gave you to be where you were, for there were many who ended their season behind you. You and Tom gave great leadership, you can be proud of this the most exciting year in Mule Wrestling History.

BRUCE HEASLEY - 185 - won 3 lost 1 - placed 2nd - Bruce has been a main stay on our Varsity team for three years and here at the 1976 State Championships, he showed why he has been. Wrestling four strong matches and keeping us out in front by gaining a birth in the finals, Bruce exhibited the power of the Mighty Mules Wrestling Team. Scoring 30 points to his opponents 8 points, Bruce marched thru his first three matches to the finals. None of his matches were even close. His first match was a battle between the two tall ones again, (Raterbusch of Bay City Western 6'7") in which Bruce again won by a score of 16-2. In his final match, he controlled the match all the way giving up an insignificant reversal at the end, but winning it 9 to 4. Thru his semi-final match, it was a battle for Bruce to keep his opponent on the mat and a battle to get him to wrestle. Meeting his only loss at 185 in the finals, undefeated Steve Fraser of Hazel Park, Bruce fought with honor and courage only to be thwarted again by his muscular foe by a score of 7 to 3. Bruce had nothing to be ashamed of and displayed all the courage of a Mule Wrestler. Just getting out of that 3/4 nelson took all the strength and energy and one could have. You have had an excellent year Bruce, with your 40 wins, and your advancment to the finals of the State Wrestling Tournament, you placed yourself among the elite of Bedford Annals. It has been a pleasure to have been associated with you and all the seniors of your class. You have made Coach Swan and I very proud of being Bedford High School Wrestling Coaches. We thank God just for the opportunity he has given us to be associated with you and your teammates. We thank the seniors for this Championship.

TOM JOSEPH - 145 - Won 4 lost 0 - STATE CHAMPION - How do you describe a year of sweat, work, anticipation, frustration, and Victory. One year ago from that final match, Tom finished 6th in the State Tournament. From that day he decided he was going to be No. 1 the following year. Starting from that point, Tom began proparing himself for that day by running, by lifting weights, by competing in football in between that and by keeping that goal in sight thru his whole season. Never wavering, never letting up, never losing sight of where he wanted to be in the end and all the way thanking God for giving him the strength and power to be there. In his first match it looked as though he might not make it there. Leading by only a 4 to 2 margin, it appeared as though Tom was to be reversed and put on his back, but with only seconds to go Tom pulled out everythinginside and miraculously came out on top and won it 4 to 2. Following that match, Tom could hardly walk and sat for a long time in a corner of the Field house. Tom said he needed that match and from there on he continued his quest for a State title for himself and for his team. In his next two matches he registered shut-outs one was 7-0 and his semi-final was a superior decision at 12-0. Then his final match started with a bang as Abraham (a cousin) of Adrian put Tom on his back. Fortunately Tom's shoulders were outof-bounds and his opponent only got 2 points from it. Tom escaped, his opponent ran and it was 2 to 1 at the end of the first period. Then in the second period Tom was up and he lifted his opponent up gave him a penalty point by putting him out-of-bounds. The score was then 3 to 1. Tom then shoved his opponent all over the mat only to get a two point tilt and tying it up at 3 to 3. In the final period Tom escaped right awa, making the score 4 to 3. The only other scoring was by the official, giving Tom a stalling point making the final score 5 to 3. His opponent being content with losing by such a low score. Following that, everyone could see the pressure of an undefeated season fall from the shoulders of Tom as he raised both fingers to the ceiling to announce that he was the Victor. I trink he could tell you then that all that work was worth every minute of it. 44-0-0 what a year for you and for your team mates. Your senior class made history in Bedford Wrestling and perhaps has made an in road to the biggest thing in wrestling, the State Tourney. For starting in the 9th grade, you sure have shown what hard work and dedication can do for an individual. You are a winner and will always be a winner as long as you keep the same relationship with God that you did this year and as long as you keep your sights high.

My heart will always remember a group of seven individuals who got together as a team and set out to become number one in the whole State of Michigan and stayed together and fought to that top position. You all made our community so proud of you and of this accomplishment. We finally gave our community an identity, we took them to the top of the hill, gave them something to have faith in, and we did not let them down. Our thoughts were unselfish and as has been said in the past one can perform for others better than he can perform for himself because he can give up on himself, but he can't on someone else. Right Mike!! God Bless You men for your efforts and thank you for everything.

### WRESTLER OF THE MEET

### 1975-1976

<u>BEDFORD INVITATIONAL</u> - <u>Tom Joseph</u> - 155 - With three pins in 5 minutes and 16 seconds, <u>Tom fought</u> thru a fairly strong weight class. However, he was out and above the rest of the competition. Tom also received the Hustler award for his three pins beating out team mate Tony Weiderhold in his final match. He showed excellent style and strength. Nice Hustle Tom.

<u>SPRINGFIELD</u> - <u>Paul</u> <u>Stokes</u> - 175 - The Mules were down 22-16 at 175 and the stage was set for a great comeback led by none other than senior Paul Stokes. Paul was taken down in the first period, but fought back hard to pin his opponent in 5:07 of the 3rd period. This pin put us back in the race for the Victory. Great Job Paul!

 BATTLECREEK TOURNAMENT
 - OUR FOUR CHAMPIONS:

 Chuck Joseph
 - 119
 - Put together his best tournament so far this year.

 Rod Luttrell
 - 126
 - Had only two escapes scored against him and defeated the 1st and 2nd seeded wrestlers.

 Tom Joseph
 - 155
 - Voted as Outstanding Wrestler of the tournament by the coaches and officials. He had a close second match, but took command after that.

 Bill Salisbury
 - 185
 - Starting slow and coming on strong, Bill won an excellent tournament.

Mike Doyle - 98 - 2 pinsScott Striggow - 138 - 4thKerry Cousino - 105 - 1 majorFred Alcock - 145 - 2 pins 1 superiorTony Weiderhold - 112 - 2 winsTom Joseph - 155 - CHAMPIONChuck Joseph - 119 - 1 winPaul Stokes - 167 - 1 pinRod Luttrell - 126 - 2ndBruce Heasley - 185 - CHAMPIONJamie Simmons - 132 - 1 pinRon Huskins - Hvy - 2 pins

<u>ADRIAN</u> - Bruce Heasley - Hvy - Bruce pulled the match out for the Mules with a pin in 3:13. We were down 25-22 going into Bruce's match. But he came up with the big pin and made the Mules a winner. Thanks Bruce!!

WALLED LAKE WESTERN - Bob Snyder - 155 - Bob wrestled his first varsity match of the season and looked good doing it. Bobby came up with a good 15-0 superior decision. Keep your head up and keep going Bob!

<u>WAYNE</u> - <u>SCOTT STRIGGOW</u> - 138 - Scott earned this vote from his team mates because he never stops trying and in this match, he pinned one of Waynes undefeated wrestlers. Nice Hustle Scott.

ROGERS TOURNAMENT - Champions 4.

- <u>Rod Luttrell</u> 126 Rod started slowly with a close match in his first round, then commenced to get stronger and stronger and finished with a' strong pin in the finals.
- <u>Tom Joseph</u> 155 - Tom wrestled 3 excellent opponents and came up with three excellent wins. His last match was a revenge match. Tom defeated Cummins of AAH who beat Tom last year in the State Tournament for 5th and 6th.
- <u>Bill Salisbury</u> 175 Bill put his best tournament together this week. He started it out with a pin, and ended it with a pin. Bill showed excellent strength and power here and finally started moving.
- <u>Bruce Heasley</u> 185 Dropping to 185 again, Bruce displayed excellent control and power at this weight. Bruce had 2 pins and a major decision in the finals.

Good Job Fellows. You looked very tough.

<u>FOSTORIA - Kelly Stanley</u> - 145 - Behind most of his match, Kelly Kept good pressure on his opponent and pushed him until he couldn't go any more. And Kelly ended up on top at the end. Nice Hustle Kelly.

ANN ARBOR HURON TOURNAMENT - It has to be our 4 Champions.

Chuck Joseph	119 - Completely dominated his opponent who had
·	previously defeated him in the Lansing Tourney.
	Chuck came on tough with a 7-0 victory.
Rod Luttrell	126 - Scoring an 8 to 1 victory over his oppon-
	ent who had previously defeated him in the Bed-
	ford Tourney finals.
Tom Joseph	155 - Met Cummins of AA Huron and scored an even
·····	more impressive victory over him this time than
	he did in the Rogers Tournery. Tom just out
	horsed him to the tune of 9 to 2.

Bruce Heasley - 185 - Bruce had probably his most important and most impressive match of the year. He pushed and crunched his way to a 15-0 victory over Brouchert of WLW who had defeated Bruce in the Regionals last year. Excellent wrestling by four excellent champions. Tremendous job Champs: <u>PORT CLINTON</u> - <u>Phil Whaley</u> - 145 - Coming back after a long lay-off, Phil fought to well earned 8 to 5 win. He did have his opponent on his back in the first period, however, one of the wrestlers kicked the ref in the head and knocked him out so he couldn't call the fall. Phil stuck with it though and kept hustling to a win. Nice comeback Phil. <u>ST. FRANCIS</u> - TEAM - What an excellent team effort! 98- Mike Doyle - forfeit 105- Kerry Cousino - 2-1 over 5&1 opponent 112- Kevin Whitenburg - lost 5-0 but gutted thru on his first drop. 119- Chuck Joseph - Fall 4:21 126- Rod Luttrell - Forfeit 132- Rich Joseph - 9-5 over outstanding opponent 138- Scott Striggow - Fall 5:53 145- Phil Whaley - Fall 1:59
145- Tom Joseph - Fall 1:19
167- Craig Rank - 7 to 3 posting
185- Bill Salisbury - 9 to 2 drilling
HWT.- Buce Heasley - 12 to 5 jamming BOWLING GREEN - <u>Mike Stockmaster</u> - 145 - Wrestling his first match of the season, <u>Mike displayed a lot of Hustle and determination</u>. Mike was leading by a 13 to 4 score before he finally put his oppo-nent away at 5:14 in the match. Good Work!! Nice Gut!! Mike!! <u>Craig Rank</u> - 167 - a quick deck got Craig a quick vote from his team mates. Good Job Craig!! <u>CLAY</u> - <u>Rod Luttrell</u> - 126 - Meeting the 2nd place winner in the GLL last year at 119, Rod commenced to push him around the mat and finished up ahead 6 to 2. Excellent wrestling Rod.  $\frac{\text{DETROIT CC}}{\text{tournament}}$  -  $\frac{\text{Tom Joseph}}{\text{seph}}$  - 147 - Voted MVW by the coaches at the tournament, and getting the most pins in the least amount of time, Tom put together an excellent tournament with 3 pins and a major decision in the finals. This helped give us another  $4\frac{1}{2}$  points closer to the leaders. <u>Craig Rank</u> - 157 - Met the leaders head on and put the Mules out front by  $\frac{1}{2}$  point, the final margin of victory. Craig had his best tournament ever and it was only fitting that Craig would do it for Bedford. Thanks to you Craig for coming thru at that point. Nice Hustle Tom and Craig!

ADRIAN - Ron Huskins - Hvy - Ron came up with the only pin of the meet for Bedford. He decked his opponent in 3 minutes, to pull B Bedford over the Maple Leafs 32 to 22. Nice Job Ron.

TRENTON - Bill Salisbury - 185 - Wrestling one of Trenton's tougher wrestlers. Bill came up with a very important victory for himself for district seeding consideration. Good work Bill.

<u>SYLVANIA</u> - <u>Tony Weiderhold</u> - 112 - Tony's opponent placed third last year at 112 to Martinez and our own Jim Long, but that did not discourage Tony from this match. Wrestling in front of a Parents Night crowd, Tony put together his best match of the year for a 9 to 3 victory. Congratulations Tony, we're glad to see you do it in front of your Dad!!

WHITMER - Mike Stockmaster - 138 - Mike lost 7 pounds the day before and was pushing his opponent around for a 12 to 0 score and finally decked him in 5:37. This was an important win for the Mules Mike. Great Job!!

## GLL - CHAMPIONS - 10 -

185 - Bruce Heasley - MVW by coaches - 3 pins 3x GLL CHAMP - 3rd one from Bedford 155 - Tom Joseph - 3x GLL CHAMP - 2nd one from Bedford 98 - Doyle, Mike - CHAMPION 105 - Cousino, Kerry - CHAMPION 119 - Joseph, Chuck - 2x CHAMPION 126 - Luttrell, Rod - CHAMPION 132 - Joseph, Rich - CHAMPION 138 - Striggow, Scott - 2x CHAMPION 145 - Stockmaster, Mike - CHAMPION 175 - Salisbury, Bill - 2x CHAMPION

### INDIVIDUAL RECORDS 1975-1976

98

<u>Mike Doyle</u> - Sophmore

Overall record - 24-15-0.....Dual Record 8-3-0 GLL CHAMPION - Bedford Tournament 4th, Battlecreek Lakeview Tournament 3rd, Rogers Tournament 4th, Ann Arbor Huron 4th. Mike has the most wins this year of any sophmore on the team. Showing good improvement as the year went on, Mike also wrestled the most number of matches of any sophmore we have had (39). We're looking forward to his next two years at Bedford.

Steve Klock - Sophmore

Overall record - 2-4-1.....Dual Record 2-2-1 Steve wrestled J.V.'s for most of the year at 98, but for a few matches Steve took the challenge of wrestling Varsity at 105 (even though he only weighed 95 himself).

05	Kerry Cousino - Sophmore
	Overall record 16-10-0Dual Record 8-4-0
	GLL CHAMPION - 2nd Battlecreek Tournament, 3rd Ann Arbor
	Huron Tournament. Kerry showed great improvement as the year
	went on. Starting in January, Kerry wrestled to a 10-2-0 rec-
	ord and was competing against tough competition going into the
	District tournament. However, the week of the districts, he
•	got a lung infection and could not finish his season. Kerry
	did wrestle and win the GLL with only two days of practice,
	again because of lung infection. We hope that he recovers and
	is ready and raring to go next year.
	<u>Tim Leffler</u> – Sophmore
	Dual record - 1-0-0
	Tim wrestled J.V.'s all year and his lone match on Var-
	sity was at 105 and won by a fall.

112

1

Tony Weiderhold - Junior Overall record - 9-17-0.....Dual Record 3-8-0 2 years .....10-18-0.....2 years.... 4-9-0 3rd Bedford Tournament. Tony worked hard early in the year and found a spot on the Mules Varsity. His big day in sports occurred in the Clay and Sylvania dual meets where he defeated the eventual league champion and 3rd place winner in the league.

Lex Potter - Junior

Overall record - 5-3-0.....Dual Record 2-0-0 3rd Rogers Tournament. Lex came up with a big win in the Springfield meet at 119, and wrestled in the Ann Arbor Tourna-ment for us. but after that had medical problems with his legs and back and could not get back into our line-up.

<u>Jim Labadie</u> - Junior Dual Record - 1-0-0

Jim's lone match was against Fostoria where he came up with a victory. Jim wrestled J.V's most of the year.

Les Poulson - Junior 2 year overall record - 4-7-1.....Dual Record 0-1-0

Les wrestled J.V.'s most of the year. But has always been ready to wrestle Varsity.

119

Chuck Joseph - Junior

Overall record - 31-8-1.....Dual Record 9-0-1 2 year record - 48-11-1.....2 years 17-2-1 Chuck is quickly becoming one of the better wrestlers in our wrestling tradition. He has been a stalwart in our lineup for the past 2 years as can be seen by his record. We are looking forward to his Senior year next year. Chuck was 2nd in the Bedford Tournament, CHAMPION in the Battlecreek Tourn-ament, 2nd Rogers Tournament, CHAMPION Ann Arbor Huron Tourn-ament, 4th Detroit CC Tournament, 2x GLL CHAMPION, DISTRICT QUALIFIER 2nd seed, 3rd in the Regionals and won 2 and lost 2 in the State Tournament.

119

<u>Kevin Whitenburg</u> - Sophmore Overall record 1-2-0....Dual record 1-2-0 Kevin displayed a lot of courage and determination in

his attempt to be a varsity competitor. However, he wrestled mostly J.V.'s and had an outstanding record with them.

126

Rod Luttrell - Junior Overall record 38-9-0.....Dual record 12-1-0 2 yrs. record 42-13-0.....2 yr. record 16-2-0 Rod presented Mule Country with a small sample of his wrestling prowess. Of all our wrestlers that came from the J.V.'s last year, Rod became a very strong point in our powerful tournament team this year as can be seen by his p placing in every tournament. Road was 2nd Bedford Tournament, ČHAMPION at the Battlecreek Tournament, CHAMPION Ann Arbor Huron Tournament, 4th in Detroit CC Tournament, GLL CHAMPION, District Qualifier 3rd seed, 4th Regionals, and 5th in the STATES. Rod wrestled 6 matches at the States, winning 4 and losing 2. Rod's 47 matches this year puts as the most any varsity wrestler has ever had in one season.

<u>Mark Boudreau</u> - Junior Dual record 1-0-0 Mark's lone match was against Adrian where he was just too tough and his opponent defaulted to him. Mark had an excellent J.V. record.

132

<u>Scott Striggow</u> - Senior - <u>Co-Captain</u> Overall record 37-8-0....Dual Record 11-0-0 3 yr. record 62-19-2.....3 yr. record 23-1-1 Scott without a doubt has to go down as one of our wrestlers in the great Bedford Tradition. With tremendous desire, determination, and Hustle, he has been a main-stay in our line-up for the past two years and part of his record is proof of his work. Two full years and ½ year of dual meet wrestling brought only 1 defeat and 1 tie. What an outstanding individual. Our only regret is that we will lose him to graduation. We will truly miss a leader like you Scott. Scott wrestled most of the year at 138, however, he made the cut to 132 for the State Tournaments and there placed himself in an elite class of Bedford Wrestlers. The following are his places: CHAMPION-Bedford Tournament, 2nd Battlecreek Tournament, 4th Lansing Tournament, 2nd Rogers Tournament, 2nd Ann Arbor Tournament, 2nd Detroit CC Tournament, 2x GLL Champions, District Qualifier 1st seed, REGIONAL CHAMPION, 4th in the STates. Scott was our other wrestler who had to wrestle 6 matches. in the tough State competition and there he won 4 and lost 2. Scott led the comeback bid of our wrestler in the consolation brackets. Great year Scott, we will miss you in our wrestling room.

Richard Joseph - Sophmore

Overall record 15-5-1.....Dual record 6-2-1 GLL CHAMPION, 2nd Bedford Tournament, 2nd Battlecreek Tournament, 2nd Ann Arbor Tournament. Richard is our 3rd Sophmore this year to win the league and he also has not placed less than 2nd in any tournament since he has been wrestling. Rich was our steady 132 pounder this year and was cut out when Scott cut to 132. We look to two more excellent years from Richard.

<u>Simmons, Jamie</u> - Senior Overall record 2-5-0.....Dual record 1-2-0 3 yr. record 19-27-2.....3 yr. record 6-13-2 Last year Jamie was our league Champion at 98 and in the time between his junior and senior year, he sprouted to a large 132 pounds. But his work in the wrestling room was surpassed by none. And Jamie also helped us to prepare for the States Tournament. Thanks for your help Jamie.

<u>Mike Venia</u> - Junior Dual record 1-1-0

Mike came back to wrestling this year and sure was good to see him. Although he wrestled mostly J.V.'s this year, he looked like he had a lot of his wrestling and tech-nique coming back to him. We hope to see him out there next year.

<u>Dan Mockensturm</u> - Senior Dual record 0-1-0

For any senior to stay out for wrestling even though he cannot make the line-up is in itself quite an accomplish-But we had approximately 5 seniors who did just that ment. this year. And they were five great people who kept our practices moving and helped us prepare for our final victory. Danny was one of those tremendous seniors. Thanks Dan!

138

### Mike Stockmaster - Senior

Overall record 11-6-0.....Dual record 3-1-0 Mike is three examples for others to look to. One you could say that he was an example of a cinderella story, coming from nowhere and going somewhere. You could also say that he is an example of what hard, persistant, hustling work can do for an individual. He is probably more than any of these, an example of what mental power and goal setting can do for an individual. Mike did not begin wrestling for us until the middle of January, mostly due to injury and then the death of his Father kept him from being a regular. But once he made it in the line-up, there was no getting him out. No one could believe where he came from or what he was doing in our line-up, but Coach Swan said in December that Mike would be a regular for us by January, and a regular he was. He won the GLL CHAMPIONSHIP at 145, then cut to 138 and was a District Qualifier in the 3rd seeded position, then with a busted up elbow, he placed 4th in the Regionals, following that, Mike went to the States and won one match for our State Championship.

<u>Jeff Folk</u> - Sophmore Dual record 0-0-1 Jeff wrestled all J.V.'s this year. With one meet on the Varsity level.

145

Tom Joseph - Senior - Co-Captain - STATE CHAMPION Overall record 44-0-0....Dual record 12-0-0 3 yr. record 88-16-0....3 yr. record 27-5-0

Tom has placed himself in a very select position in six categories of Bedford Wrestling tradition: (1) He is only the second wrestler in Bedford history to complete an undefeated season(Denny Brighton 1973-45-0). (2) He was the 2nd Bedford Wrestler to conquer the GLL Tournament for 3 years. Now there are three who have done this (Denny 72-74, Bruce Heasley 74-76), and Tom 74-76). (4) He is one of 4 wrestlers who have placed twice in the State Tournament (Paul Ceravolo 4th 68-69, John Hittler 3rd and 1st 69-70, Denny Brighton 2x State Champ, and Tom 6th and 1st 75-76). (5) And of course he is one of 6 State Champs from Mule Country (Dave Long '67, John Hittler '70, Tom Alexander '73, Denny Brighton '73 and '74, and Tom Joseph '76. (6) The second wrestler to be named to the Detroit News All-State team (Denny Brighton 73-74). Ever since last year, when Tom placed sixth in the States after losing only 4 to 2 in overtime to the eventual champion

Ever since last year, when Tom placed sixth in the States after losing only 4 to 2 in overtime to the eventual champion, he started to train to become the one thing he wanted most a State CHAMPION. And that he did, plus an undefeated season. Tom wrestled at both 155 and 145. He was at 145 for his third straight year. He was Bedford Tournament CHAMPION (also voted outstanding wrestler by the opposing coaches), Battlecreek Tournament CHAMPION (also voted outstanding wrestler by the opposing coaches), Lansing Tournament CHAMPION, Rogers Tournament CHAMPION, Ann Arbor Tournament CHAMPION, Detroit CC Tournament CHAMPION (also Most pins in the least amount of time and voted as outstanding wrestler by the opposing coaches), 3x GLL CHAMPION, District Qualifier 1st seed, 2x Regional CHAMP-ION, STATE CHAMPION that list 10 tournament Championships. That's an excellent record by an excellent person who only started wrestling in the 9th grade. But has built himself to the top eschelons of Bedford Wrestling History. Good fortune to you Tom, and remember where you recieved all that talent and don't forget to thank HIM everyday.

Fred Alcock - Senior Overall record 8-7-0.....Dual record 2-2-0 3 yrs. record 16-20-2.....3 yrs. record 5-8-2 Fred was one of our hustling seniors this year. He started out the season in the Varsity line-up until just before the Rogers Tournament where he dislocated his shoulder After that it was difficult for Fred to get his weight back down and he found himself helping us become State Champs. Of all our wrestlers watching, Fred seemed the most thrilled for our kids, and I know he wanted to be out there and probably could have on any other team. Fred has been a consistent hustler and hard worker in our wrestling room and thru his contributions we have become No. 1 in the whole State of Michigan.

He was second in the Bedford Tournament and won 2 big matched in the Lansing Tournament. Thanks Fred for your unselfish manner, and hustle for our Mules. 23

## Phil Whaley - Senior

Overall record 2-4-0 .....Dual record 2-4-0 Phil is also another of our seniors who has dedicated his work for three years to Bedford Wrestling. I know that we gained from Phil being in our wrestling program and wrest-ling room. I only hope that he has gained from us as much as we have gained from him. Ever since his sophmore year, Phil has been a mainstay in our program, always ready to work, always ready to volunteer his services. During the final three weeks, Phil was one of our wrestlers who did not miss a day of working out with our Varsity and making them Champions. Phil's greatest match this year, was his win over his St. Franicis opponent by a pin and helping us run up a good score of 51 to 3. Phil thanks for your help this year, we are going to miss seniors like you, Seniors dedicated to making Bedford the best anywhere! Guys like you make us stay in the field of coaching.

Kelly Stanley - Junior Overall record 1-3-0....Dual record 1-0-0 Kelly wrestled a lot on our J.V.'s and did an excellent job for Bedford. He also helped us in the Fostoria meet.

155

Craig Rank - Senior Overall record 20-7-1....Dual record 5-3-1 3 yrs record 55-28-1....3 yrs. record 19-10-1 Craig again for the 2nd year in a row, was cut short in his season because of injury and sickness. Early in the year Craig was laid up because of a sprained ankle. This took approximately 3 weeks off his season. Then in the latter part of the season just as he qualified for the Regionals, he had his wrestling year cut short by a kidney infection. This sidelined him for the rest of the year. Craig placed in the following: Bedford Tournament CHAMPION, 4th Battlecreek Tour-nament, Detroit CC Tournament CHAMPION (in which Craig won the tournament for us), 3rd GLL Tournament and 1st seed District Qualifier. Craig's hustle and leadership in the wrestling room were an essential part of Bedford Wrestling this year and were important factors in our success. This was a great con-tribution by a great young man. Thanks for your help Craig, you were a tremendous asset to our TEAM!!

<u>Bob Snyder</u> - Junior

Overall record 2-2-0.....Dual record 2-2-0 2 yrs. record 6-6-0.....2 yrs. record 2-2-0 Bob wrestled on the J.V.'s for another year, however, he was one of our better wrestlers in the wrestling room. He just happened to have been in a weight area where we were loaded with good people. We hope to see a lot more of Bob next year.

<u>Bill Salisbury</u> - Junior

 
 Overall record
 34-5-1....
 Dual record
 11-0-1

 2 yrs. record
 53-10-1....
 2 yrs. record
 20-2-1
 Bill's record this year is over three weight classes 167, 175, and 185. The 175 pound weight is an Ohio weight. Over these three weight classes, he challenged any and all comers and as his record shows, he came out ahead most of the time. Bill is one of our three juniors that have put themselves into an elite category in Bedford Wrestling. That of overall records and State Tournament competition. Bill, Chuck and Rod have singled themselves out over and above many Bedford Wrest-lers. Bill's record in tournament competition is: Bedford Tournament 3rd, Battlecreek Tournament CHAMPION, Rogers Tournament CHAMPION, Ann Arbor Huron Tournament CHAMPION, Rogers Tour-Tournament 2nd, 2x GLL CHAMPION, District Qualifier 1st seed, Regional CHAMPION (where he defeated the eventual State Champ-ion 10 to 1) and 5th in the STATE TOURNAMENT. It was an ex-cellent year for Bill, we are looking forward to even a greater one next year.

Paul Stokes - Senior

Overall record 4-2-0.....Dual record 3-1-0 When we talk about outstanding Seniors, we have to talk about Paul. Early in the season, when Craig Rank was injured Paul got into the line-up and did an excellent job. In the Springfield match, Paul pulled us back into contention by coming from behind and pinning his opponent, then in the Adrian dual again Paul put us back into position to win. Then when Craig was better, he put Paul out of our line-up. But Paul never quit and never gave up working. Paul, Phil and Fred ran and wrestled with us through the final 2 weeks to get us ready to win our First State Championship. Thanks Paul for your stickuitiveness, your consistency, and your perseverence. You helped make us a winner.

185

Bruce Heasley - Senior Overall record 40-4-0.....Dual record 13-0-0 3 yrs record 87-22-0.....3 yrs record 34-2-0 When we speak of the elite of Bedford Wrestling History we must bring up the name of Bruce Heasley. Without a doubt he is the best big wrestler we have had here at Bedford. No a bad jump from a chubby little 7th grader, would you say Bruce!! His three year overall and dual meet record speaks Not for itself. Wrestling at both heavy and 185 Bruce won the most duals this year and has only lost 2 in the past 3 years. Bruce also became our third 3x GLL CHAMPION and in his last two years at 185 has pinned every GLL opponent in both the duals meets and in the Tournaments. But in his sophmore year he only defeated the defending Champion at 175 by a score of he only defeated the defending thampion at 1/5 by a score of 8 to 0. Bruce and Tom and Scott, have placed in every Tour-nament this year and have led our team to the first STATE CHAMPIONSHIP IN BEDFORD HISTORY. Here are Bruces' places: 2nd Bedford Tourney (HVY), 2nd Battlecreek Tourney (HVY), CHAMPION Lansing Tourney (185), CHAMPION Rogers Tourney(185), CHAMPION Ann Arbor Tourney (185), 2nd Detroit CC Tourney(185), 3x GLL CHAMPION (185), District Qualifier 1st seed, Regional CHAMPION, and 2nd in the STATE TOURNAMENT. What a great job by a great and thoughtful young man. We are very proud of this group of seniors and of the two seniors who have led all the way from the sophmore year Tom and Bruce. Your a winner Bruce!

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Ron Huskins - Sophmore

Overall record 10-9-0....Dual record 6-1-0 Ron did a very good job for a youngster in the heavier weight class area. These people are usually juniors and seniors and Ron battled even with a lot of them. He has two more years and if he works at it, he could be a very tough one. Ron was undefeated in league action, but in his match just before the league tournament, he injured his shoulder and could not compete. However, he did come back in the Districts and got a fall for the Mules. Keep working Ron, you could be a good one.

<u>Guy Rank</u> - Junior

Overall record 4-1-0.....Dual record 1-0-0 2 yrs record 7-2-0....Dual record 2-0-0 Guy was injured most of the year, and didn't break into the line-up until the GLL Tournament. And then because of our strength at our upper weights, he had to challenge at heavy weight. Since Ron was hurt, Guy got to go, and there he placed 3rd with a good effort against heavier people. Now all he'll have to do is get himself ready for next year. We think he is pretty tough when he wants to be. We hope to see you in there Guy.

## BEDFORD GLL CHAMPIONS

1976 - 184 Mike Doyle Kerry Cousi Chuck Josep Rod Luttrel Richard Jos Scott Strig Mike Stockm Tom Joseph Bill Salisb Bruce Heasl	no h l eph gow aster ury	Record 98 105 112** 126 132 138** 145 155*** 175*** 185***
1975 159½ p Jamie Simmo Jim Long Chuck Josep Glenn Whitt Scott Strig Gary Long Keith Lawn Tom Joseph Bill Salisb Bruce Heasl Doug Heasle	ns h aker gow ury ey	Record 98 112** 119 126** 132 138** 145** 155** 155** 175* 185** Hvy**
<u>1974 - 142</u> Jim Long Glenn Whitt Denny Brigh Keith Lawn Tom Joseph Paul Nash Bruce Heasl Jeff McAdam Doug Heasle	aker ton ey	*Record 112 119 126*** 138 145 155 175 185 Hvy
<u>1973 - Base</u> Denny Brigh Gary Long John Rank Tom Alexand Dan Ditty		l Record 105 112 138** 145** Hvy
<u>1972 - 120</u> Denny Brigh Tim Churchi Joe Lengel Steve Young John Rank Tim Ermish Terry Butz	11	98 112* 119 126 138 155 175

<u> 1971 - 114 pts.</u>	
Bob Brighton Tim Churchill Jim Hittler Tom Alexander Herb Siewert	98* 105 132 138 167
1970 - 123 pts. Bob Brighton Dave Boudreau Rick Green Doug Luttrell John Hittler Ralph Lawn	98 130** 137 145 167**+ Hvy
1969 - 114 pts. Dan Turner Dave Boudreau Dick Brighton Mike Burton Joe Bollin Paul Ceravolo John Hittler Tim France	112+ 120 127 133 138 145** 154 175
1968 Tom Chevalier (First two-time Char Paul Ceravolo	112** npion) 145
1967 Tom Chevalier Steve Riffle John Ufer	103 138 154
1965 Greg Pappas Ron Huepenbecker Larry Dashner	112 175 Hvy
1964 Tom Miller	112
1963 Bob Ufer Dave Briskey	112+ 145
1962 John Pappas Chuck Halhaber Ray Cornprobst	112 127 165
*** 3x GLL CHAMPION ** TWO TIME GLL CHAN	MPION

+ OUTSTANDING GLL WRESTLER

# STATE TOURNAMENT WINNERS

# District Champions

<u> 1976 - Qualifiers</u>		<u> 1973 - Qualifiers</u>	
Chuck Joseph	119	Dennis Brighton	98
Rod Luttrell	126	Keith Lawn	126
Scott Striggow	132 🕺	John Rank	138
Mike Stockmaster	138	Tom Alexander	145
Tom Joseph	145	Paul Nash	155
Craig Rank	155	Gary Wolfe	167
Bill Salisbury	167	daly norre	107
Bruce Heasley	185	<u> 1972 - Qualifiers</u>	
brace neasiey	105	Dennis Brighton	101
1075 Ourlifionet(Most	0	Tim Chunchill	101
1975 Qualifiers*(Most	Jor Jor	Tim Churchill	115
Steve Rosswurm	105	Bob Brighton	158
Jim Long	112	Terry Butz	170
Glenn Whittaker	119		
Scott Striggow	126	<u> 1971 - Qualifier</u>	
Gary Long	132	Tim Churchill	105
Keith Lawn	138		
Tom Joseph	145	<u> 1970 - Qualifiers</u>	
Craig Rank	155	Dave Boudreau	130
Bruce Heasley	185	John Hittler	154**
Doug Heasley	HVY	Mark Green	165**
		Ralph Lawn	HVY
1974 - Qualifiers		Kulph Luwh	11 V 1
Dennis Brighton	119	1969 - Qualifiers	
Keith Lawn	126		120
		Dick Brighton	
Gary Long	132	Paul Ceravolo	145
Paul Nash	155	John Hittler	154
Jeff McAdam	185	Mark Green	165
Doug Heasley	НVΥ	Tim France	175
	<u>Regional Cham</u>	pions	
1076 Maat Champions	مله	1070	
<u>1976 Most Champions</u>		1970	
Scott Striggow	132	Rick Green	123
Tom Joseph	145***		
Bill Salisbury	167	1969	
Bruce Heasley	185	Paul Ceravolo	145***
1975	Martin Martin Balling Marting	1968	
Gary Long	132	Tom Chevalier	112
Keith Lawn	138	Paul Ceravolo	145
Tom Joseph			
	145	1966	
1974		1966 Ralph Wingate	HVY
1974 Denny Brighton	145	<u>1966</u> Ralph Wingate	НVҮ
<u>1974</u> Denny Brighton		Ralph Wingate	Н V Y
Denny Brighton	145	Ralph Wingate	
Denny Brighton 1973	145	Ralph Wingate	Н V Y
Denny Brighton	145	Ralph Wingate	
Denny Brighton <u>1973</u> Denny Brighton	145	Ralph Wingate	
Denny Brighton <u>1973</u> Denny Brighton 1972	145 119*** 98	Ralph Wingate	
Denny Brighton <u>1973</u> Denny Brighton	145	Ralph Wingate	

# STATE PLACE WINNERS

1 <b>976</b> Rod Luttrell Scott Striggow Tom Joseph Bill Salisbury Bruce Heasley	126 138 155 175 185	Fifth Fourth Champion Fifth Second
1975 Keith Lawn Gary Long Tom Joseph	138 132 145	Fourth Sixth Sixth
1974 Denny Brighton Doug Heasley	1 1 9 H V Y	Champion**** Fourth
1973 Denny Brighton Tom Alexander	98 145	Champion Champion
1972 Tim Churchill Bob Brighton Tim Ermish	115 119 155	Third Fourth Fourth
1970 John Hittler Ralph Lawn	157 HVY	Champion Fourth
1969 John Hittler Paul Ceravolo	154 145	Third Fourth
1968 Tom Chevalier Paul Ceravolo	112 145	Third Fourth
1967 Dave Long	165	Champion
1962 John Pappas	105	Fourth
	ALL AMERICANS	
*1970 John Hittler	154	2 All-American Teams (Scholastic Wrestling Teams) (Amateur Wrestling Teams)
1974 Dennis Brighton	119	3 All-American Teams
*Bedford's First **Two Time Distr ***Two Time Region ****First Two Time	ict Champion nal Champion	(Scholastic Wrestling New <b>s</b> ) (Amateur Wrestling News) (College Coaches of Young Wrestlers)

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## BEDFORD HIGH SCHOOL WRESTLING

## Final Statistics 1975-76

NAME	RECORD	<u>t d</u>	<u>R</u>	3 <u>E</u>	pt. <u>NF</u>	2 pt. <u>NF</u>	FALL	<u>S D</u>	<u>MD</u> <u>DEF</u>	<u>Pts</u> .
Joseph, T. Heasley, B. Striggow, S. Luttell, R. Salisbury, B. Joseph, C. Doyle, M. Rank, C. Stockmaster, H Joseph, R. Cousino, K. Alcock, F. Wiederhold,T. Stokes, P. Huskins, R. Simmons, J. Whaley, P.		*64 49 22 48 45 47 34 43 13 18 27 20 72 20 72 32	17 14 *34 23 16 16 16 16 11 16 8 6 14 28 14 28 14 23	21 24 33 *34 11 15 13 19 19 42 14	22 23 22 16 18 13 11 13 11 13 11 13 11 13 11	*31 25 12 14 25 13 9 7 9 38 2 6 1	23 26 22 9 13 15 7 4 6 1 4 3 2 8 1 1	5 2 2 2 2 1 1 7	2 1 2 1 2 2 2 2 4 1 5 1 5 1 2 3 1 1 2 3 1	489 447 389 366 340 331 202 172 167 136 125 100 89 81 80 70 67
Mockunstrum,D Rank, G. Potter, L. Klock, S. Snyder, B. Stanley, K.		1 3 5 3 2 1 3 1 3 1 3 1	1 4 5 4 2 2 1 1	7 1 3 4 1 2 1 1	2 1 4 3 1 1	1 1 2 1	1 1 1		1 1 1	50 30 23 20 18 12 10 7 6 3 2 1
TEAM TOTALS 30 OPPONENTS	64-139-6	508 234	259 230	296 263	214 91	191 63	158 34	21 4	29 12 12 3	м. <b>.</b>

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\*Denotes this year's top score

INDIVIDUAL RECORDS

Most Valuable Wrestlers	Keith LawnIDenny Brighton1Denny Brighton1Dom Alexander1Tom Alexander1Dan Ditty1Tim Churchill1Tim Ermish1Jim Hittler1John Hittler1Paul Ceravolo1Mike Burton1Tom Chevalier1Dave Long1	976 <b>489</b> Pts.975365 pts.974441 pts.973392 pts.973268 pts.973264 pts.972309 pts.972273 pts.971178 pts970344 pts.969165 pts.968162 pts.967120 pts.96666 pts.
Captains	Scott Striggow, Tom Jose Doug Heasley, Keith Lawn Denny Brighton, Paul Nas John Rank, Dan Ditty Bob Brighton, Tim Ermish Tim Churchill, Jim Hittler, Paul Boczek John Hittler Dick Brighton, Mike Burt Paul Ceravolo, Tom Cheva Dave Long, John Ufer Ralph Wingate, Edd Banko	1975 h 1974 1973 1972 1971 1970 con 1969 11er 1968 1967
Special Services Award	FRED ALCOCK, PAUL 3 PHIL WHALEY Richard Luttrell Bill Alexander Dan Stokes Mike Keeler Mark Green Chuck Meader	1976 1975 1974 1973 1971 1970 1967
Most Improved Mike	<b>STOCKMASTER, LUTT</b> Tom Joseph Doug Heasley John Rank - Paul Nash Tim Ermish Tim Churchill Ralph Lawn Dan Turner	<b>RELL</b> 1976 1975 1974 1973 1972 1971 1970 1968

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# BEDFORD WRESTLING RECORDS

Best Records	Denny Brighton Denny Brighton John Hittler Tim Ermish Rick Green Dave Long Tim Churchill Tom Chevalier Tom Alexander	1973 1974 1970 1972 1970 1967 1972 1968 1973	45-0-0 45-1-0 42-1-0 40-2-0 39-3-0 22-2-0 41-4-0 29-2-1 40-5-0	1975-1976 *Tom Joseph 44-0-0 *Bruce Heasley 40-4-0
Most Takedowns	Denny Brighton	1973	80	Tom Joseph
				64
Most Reversals	Jim Long	1975	40	Scott Striggow 34
Most 3 pt. Near Falls	Denny Brighton	1973	41	Bruce Heasley 23
Most 2 pt. Near Falls	Denny Brighton	1973	35	Tom Joseph 31
Most Falls	Denny Brighton	1974	34	Bruce Heasley 26
Most Escapes	Paul Nash	1973	45	Chuck Joseph 34
Fastest Fall	Ralph Lawn	1970	:07	Bruce Heasley :15
				Tom Joseph
Highest pt. total	Denny Brighton	1974	441	:15 *Tom Joseph 489
Most Consecutive				409
Wins (l year)	Denny Brighton	1973	45	⊤om Joseph 44
Most Consecutive	) Demous Dudatte	1070 7	4 50	Tom lassa
Wins (more than 1 yr	Juenny Brighton	1973-7	4 53	Tom Joseph 44
Career Pins (3 Yrs)	Denny Brighton	1972-7	4 87	Bruce Heasley 55
Career Record(3 yrs)	Denny Brighton	1972-7	4 125-4-0	Tom Joseph 88-16-0
Career Wins (3 yrs)	Denny Brighton	1972-7	4 125	Tom Joseph 88
Most Superior Decisi ( l year )	ons Tom Joseph	1975	7	Tom Joseph 5
Most Major Deci <b>si</b> ons ( l year )	*Craig Rank	1976	5	U
*Now Peconds				

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\*New Records

Т	ΕA	М	R	E	С	0	R	DS	5

			<u> </u>	Opponents	
Maneuver	Year	Records	<u>1976</u>	<u>Lt.st</u>	<u>1976</u>
Duals Most Win Dual Meet Reco Won-Lost Recor Most Takedowns Most Reversals Most Escapes Most Near Fall Most 2 pt. Nea Most Falls Most Superior Most Major Dec (New Record St	ord 1972 d 1976 i 1975 i 1975 i 1975 s 1975 s 1975 ir Falls1975 1972 Decisions 1976	14 12-0-0 *364-139-6= 553 309 312 253 219 176 5 50 29	13 13-1-0 72.1% 508 259 296 214 191 158 21	6 - 1966 3-6-0 19 81-1966 97-1966 75-1967 19-1967 23-1967 15-1970 3-1975 12-1976	1 234 230 263 91 63 34 4
Place in GLL	1976 Champion 1975 Champion 1974 Champion 1973 Champion 1972 Champion 1971 Champion 1970 Champion 1969 Champion 1968 Third 1967 Second 1966 Fifth	S S S S S S	n Regiona	1975 1974 1973 1972 1971 1970 1969 1968 1967	Champions Second Third Fourth Second Tenth Third Fourth Third Second Fifth
Place in Districts Place in GNC	1976 Champion 1975 Champion 1974 Third 1973 Third 1972 Fourth 1971 Third 1970 Champion 1969 Second 1974 Champion 1973 Champion	s s	n States	1975 1974 1973 1972 1970 1969 1968	CHAMPIONS Fifteenth Seventh Third Eleventh Seventh Sixteenth Fourteenth Eleventh
YEAR       W         1975-76       13         1974-75       14         1973-74       11         1972-73       9         1971-72       12         1970-71       10	PAST L T 1 0 1 0 3 0 2 0 0 0* 2 0	DUAL MEET R YEAR 1969-7 1968-6 1967-6 1966-6 1965-6 81.82	W 0 9 9 10 8 8 7 8	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	

### PAST TOURNAMENT RESULTS

Wrestled in 90 Tournaments since 1966 (including State Sponsored Tournaments).

Championships	43	since	1966	(10	1 n	1976)
Seconds	14	since	1966			
Thirds	15	since	1966			
			**,			

## BEDFORD JUNIOR VARSITY 1975-76

## TOURNAMENTS

Bedford J.	kedown Tourna V. Tournament y Tournament	ment lst place lst place <b>3</b> rd place (17 te	eams)
		DUAL MEETS -12-0	
Bedford Bedford Bedford Bedford Bedford	23 49 33 52 25 33 42 32 32	Springfield 7 Monroe 15 Fostoria 0 Port Clinton 9 St. Francis 16 Bowling Green 2 Wayne 7 John Glen 8 Adrian 22	
Bedford Bedford Bedford	39 48 19	Clay 3 Sylvania 8 Whitmer 12	

### INDIVIDUAL RECORDS

Mark Boudreau	19-1	Bob Quigley	5-5-1
Kevin Whitenburg	16-3	John Dunnigan	4 - 4 - 0
Bob Snyder	13-1	Les Poulson	6-6-0
Jeff Folk	15-3-1	Jim Labadie	4-5-0
Greg Smith	12-2-1	Jim Boraggina	4-6-0
Steve Klock	15-3-0	Eric Lawn	4 - 4 - 0
Mike Venia	12-2-0	Steve Fisher	3-3-1
Jeff Gamby	10-5 l	Guy Rank	4-0-0
Kelly Stanley	11-2-0	Dave Fry	1-6-0
Chip Emptage	7 - 0 - 0	Rick Webster	1-3
Tim Leffler	4 - 5 - 1	Ted Overman	0-3-0
		Mark Hoffman	3-3

The Bedford J.V. team this year had a good season with a perfect 12-0 dual meet record. We started the season with a victory in the Bedford JV Takedown Tournament posting a record score. We went on to post a first place finish in our own JV Tournament. The high point of the season was a tri-dual meet between Wayne, John Glen and Adrian in which we defeated all three teams. Our next tournament was the Garden City tournament in which we took 3rd out of 17 teams. For the second season in a row Bedford took the most valuable wrestler award in the 119 lb. class in the name of Kevin Whitenburg. The final dual meet was our closest meet of the year against Whitmer posting a 19-12 score finishing a good season for our J.V. program.

## GRAPPLERETTES

We usually have a description of some of the jobs and work that our Grapplerettes do, in this section of the program. However, I think that most people now know what they do for the wrestling program. So instead of taking space to say what they do, I would like to write a little about our group this year. Without trying to offend any of our preceeding groups of Grapplerettes, I would like to say that this was the greatest over-all group that we have ever had work with us in wrestling. This was the most cooperative group, the hardest working group and the most faithful group that has been organized. I thank God for sending them this year, for without them it could have been a very trying year. I attribute a lot of this to the type of girls that made it thru the extensive note taking and the 8 page test given that took approximately  $l_2$  to 2 hours to complete. I also attribute the work turned in as that coming from a group of conscientious, diligent, faithful, enthusiastic, hard working and wrestling conscious girls. We had tremendous leadership from Lisa Allore--President, Cindy Mohler--Vice-President, Natalie Balfour--Treasurer, Sherry Cousino--Secretary, and Angie Boraggina--Sargentat-arms. These girls were excellent and took over and executed many chores that I have had to do myself in the past. I thank them very much for relieving me of these responsibilities. Our other outstanding girls are Pam Cioroch (sign committee Chairperson ), Jenny Dreps ( wrap-up-chairperson ), Lisa LeBlanc ( Pep group chairperson ), Marion Bracey, Jill Flory, Karen Henry, Anna Landin, Colleen Peterson, Bonnie Schieb, Shannon Sizemore, Julie Slowinski, Amy Troutman, Barb Whaley, and Dorinda Woods.

Whaley, and Dorinda Woods. All of the girls had various responsibilities and every girl carried out these responsibilities all the way thru the wrestling season. No other group ever gave us the support both vocally and spiritually as these girls. From the very bottom of my heart, and I know this comes from our wrestlers and coaching staff as well, thank you so much for your help and support this year. We hope that the performances we gave and the honors we received might have been a small reward to you for the effort you put in for us.

Thanks again and May God Bless You,

Coach Regnier

## CHEERLEADERS

I would also like to take this time to thank our Varsity and Junior Varsity Cheerleaders for the time that they took this year in being part of the Mules Wrestling Program. Your cheers and enthusiasm were greatly appreciated this year by our statf and wrestlers alike. We are so grateful for your help we know we had a crowd with us this year. And I thank God for your help and for the cooperation we had with and tetween you and our Grapplerettes. Special thoughts and thanks to Liz and Kim for your extra effort on behalf of Bedford Wrestling.

The following are our <u>Varsity Cheerleaders</u>.

J.V. Cheerleaders.

Cathy Drouillard Brenda Alexander Betsy Blair Ann Hilkins Kim Leffler Liz Guyton Terry Manore Lisa O'Brien Melissa Ba**c**hi Karen Kazmaier

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Debbie Nalepa Jean Cromer Janet Young Mary Dlugas Sue Thompson Wendy Fisher Laury Beutler Mary Ruedisueli